

Dr (TCM) Attilio D'ALBERTO

Media-friendly doctor and expert
in Traditional Chinese Medicine.



Introducing, Dr (TCM) Attilio D'Alberto, a British doctor with 15 years' experience in using traditional Chinese medicine to treat a wide range of health problems including chronic pain, anxiety, digestive problems and infertility.

DOCTOR

Dr (TCM) Attilio D'Alberto studied Traditional Chinese Medicine at Middlesex University in London and at the prestigious Beijing University of Traditional Chinese Medicine (TCM) in China. This training enabled him to develop a comprehensive understanding of how techniques such as acupuncture, herbal medicine, moxibustion and cupping can be successfully used to treat a wide range of health problems, including chronic pain, anxiety, allergies, acne, digestive problems and infertility.

He has been practising medicine from his own private practise since 2004, using a unique blend of Traditional Chinese Medicine combined with the latest Western scientific research.

Fertility is one of his specialist areas and he has treated all types of problems including endometriosis, low ovarian reserve, poor sperm motility, reoccurring miscarriages and unexplained infertility. He has also had numerous articles published in medical journals and healthcare magazines on this topic and has set up an online support forum for couples struggling with their fertility: www.myfertilityforum.com

EXCLUSIVE ARTICLES AND INTERVIEWS AVAILABLE

Dr (TCM) Attilio D'Alberto is a media-friendly doctor who has written for numerous publications. He is available for expert comment, interviews or advice articles on a range of health subjects, including:

To the point! An introductory guide to acupuncture

How Chinese medicine can treat acne naturally

Pinpoint pain relief – could acupuncture ease your back/period/joint pains?

From food to footwear – Simple life-changes to improve your fertility

Plastics, chemicals, 5G and aircon - How to optimise your environment to help your fertility

You are what you eat – How Chinese dietary therapy boosts fertility

10 Chinese herbs to help natural conception

How to prepare your mind, body and soul for fertility

The His & Hers diet plan for couples trying to conceive naturally

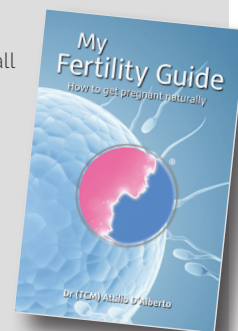
- » Studied Traditional Chinese Medicine for 5 years in London and at the prestigious Beijing University of Traditional Chinese Medicine in China
- » Specialist in acupuncture, herbal medicine and cupping, including during pregnancy
- » Fully licensed and insured member of the British Acupuncture Council (BAcC) and the Register of Chinese Herbal Medicine (RCHM)
- » Runs a private practice which integrates holistic techniques based on traditional Chinese medicine with a full understanding of Western medicine to give a deep insight into illness and disharmony
- » Experienced in treating a wide range of health problems including chronic pain, stress, anxiety, depression, digestive problems, skin conditions and infertility
- » Expert in fertility treatments and published author including his latest release: *My Fertility Guide: How to get pregnant naturally*

To find out more, go to
www.attiliodalberto.com @attiliodalberto

AUTHOR

Attilio is author of a self-help book covering all aspects of natural fertility, *My Fertility Guide: How to get pregnant naturally*.

My Fertility Guide is a comprehensive handbook, combining the latest scientific research and the wisdom of traditional Chinese medicine, to help you get pregnant naturally.



- Based on scientific evidence sourced from over 350 research studies, this self-help guide blends modern medical research with the ancient theories of Chinese medicine to deliver fact-based insights and a powerful understanding of natural conception
- It contains comprehensive, detailed yet accessible and practical information which will greatly increase your chances of getting pregnant naturally
- It gives insight on how diet, household and cosmetic chemicals, air pollution, 5G and even clothing and footwear can affect both male and female fertility

Drawing upon his expertise in both Eastern and Western medicine, Attilio has successfully treated hundreds of couples with a wide range of infertility issues since 2004. In *My Fertility Guide* he debunks the myths of infertility, and distils his medical expertise into practical steps for couples to take, with in-depth information on the best time to conceive, the various causes of male and female infertility and how to avoid them, pre and post-ovulation fertility diet plans and both Eastern and Western medical treatments to enhance natural conception.